

# PRC CONFERENCE • SESSION TOPICS

## SESSION I

Main Hall

### **What is My Why**

Presenter: **Chris Nunes**

Why are you working in the County Parks Department? Why do you choose to work dealing with the public usually outside through all the 4 seasons? How important is your job to the department as a whole?

## SESSION II

Room A/B

### **Customer Service - Ensuring Lasting Customers**

Presenter: **Chris Nunes**

Why do people come to our facilities and how can we make sure that they leave as happy customers and return frequently? Tips on how to ensure a positive experience when dealing with the public as well as how to deal with challenges that occur when dealing with the public.

Room C/D

### **PRC Quest**

Presenter: **Danniela Ciatto & Alex Massimi**

Join us for this team building adventure throughout the County Center while meeting new people! You will go up against other teams while you race around searching for various tasks you must complete. Only able to take first 48 participants to enter the room.

Room E/F

### **Who is Looking Out for You? - Strategies to Thrive in the Face of Stress**

Presenter: **Mark Giuliano & Sean O'Connor**

Join Mark Giuliano and Sean O'Connor as they help you to identify your stressors and strategies to address them.

Exhibit Hall

### **Plumbing 101**

Presenter: **Luddy Malchar & Chris Reis**

Learn from the best, our General Maintenance Crew! Learn to know your park and how to handle and fix small onsite plumbing issues at your facilities.

Little Theater

### **Survivor-PRC Style**

Presenter: **Scott Williamson**

Lost in Westchester!! Get your survival brain moving as we will learn ways to help us stay alive with a variety of items, from household utensils to hiking attire.

## SESSION III

Room A/B

### **Strategies for Time Management**

Presenter: **Chris Nunes**

We all deal with job responsibility overload. Learn how to schedule your time better so that you are able to perform your job requirements effectively, safely, and without additional stress.

Room C/D

### **Stories of PRC - Then and Now**

Presenter: **Gigi Carnes**

With 100 plus years of PRC history, there are lots of stories about our parks. Learn about these and other fascinating stories that comprise the rich history of PRC then and now! Woo-hoo!

Room E/F

### **Investing in Your Career-Pathway to Advancement**

Presenter: **Connie Giamei & Kim Albert-McLaughlin**

Join us for an insightful session where our HR specialists will share tips on crafting an effective resume, completing an application, applying for an open position, mastering a Civil Service exam and excelling in interviews. Discover the advancement opportunities accessible to all county employees

Exhibit Hall

### **Tree Work 101**

Presenter: **Frank Lemak & George Antallosky**

Learn from the best, our General Maintenance Crew! In this session you will learn all the basics of using a chainsaw, wearing your P.P.E and other helpful tools to be successful in your parks.

OVER ⇨

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**Main Stage**      **Zumba**      **Presenter: Katy Pineda**  
Zumba combines Latin and international music and dance to create a dynamic calorie-burning form of workout. This effective fitness system can help to tone and sculpt your body. Katy Pineda will teach you how!

**Little Theater**      **Survivor-PRC Style**      **Presenter: Scott Williamson**  
Lost in Westchester!! Get your survival brain moving as we will learn ways to help us stay alive with a variety of items, from household utensils to hiking attire.

## SESSION IV

**Room A/B**      **Planting Westchester - Tips for Planting in Your Park**      **Presenter: Jessica Schuler & Chelsey King**  
Join us for a presentation and demonstration on current horticulture tips to beautify your park and home garden. Take home a plant you pot as part of a planting demonstration.

**Room C/D**      **Spooky, Ghostly and Eerie Stories about PRC**      **Presenter: Gigi Carnes**  
Stories of gruesome murders, voices and footsteps heard in empty buildings to mysterious happenings that have occurred in our parks will be presented by Curator Gigi Carnes.

**Room E/F**      **Learn Lead Succeed**      **Presenter: Sally Veltidi**  
Sally Veltidi has over 20 years of experience in the Parks and Recreation Field. Hear about what she has learned from working with different personalities as well as working for a strong supervisor.

**Little Theater**      **PRC Quest**      **Presenter: Danniela Ciatto & Alex Massimi**  
Join us for this team building adventure throughout the County Center while meeting new people! You will go up against other teams while you race around searching for various tasks you must complete. Only able to take first 48 participants to enter the room.

**Main Stage**      **Pickleball 101**      **Presenter: Tom O'Connell**  
Join Tom O'Connell and learn the basics of America's fastest-growing sport, from scoring, rules and basic groundstrokes that can improve your pickleball game.

**Friends Room**      **Empower Retirement Consultations**      **Presenter: Greg Sirett**  
Greg Sirett, an Empower Retirement Counselor, will be available for an in-person appointment for technical assistance, online enrollment, or other deferred compensation inquiries.

## SESSION V

**Main Hall**      **Wrap-up and Raffle**      **Presenter: Kathy O'Connor**

Please return your **conference evaluation form** to the **registration desk**.  
If you have any ideas for **PRC Conference 2025**, please forward them to  
Danniela Ciatto [dac4@westchestercountyny.gov](mailto:dac4@westchestercountyny.gov) or 914-864-7322.

