



FIT-Mobile

Fitness Fun & Activities on Wheels

WHAT IS THE FIT-MOBILE?

A mobile health and fitness facility that travels throughout Westchester County during the summer visiting parks, pools and beaches to help people of all ages learn how to have fun getting and keeping fit.

WHO OPERATES THE FIT-MOBILE?

The Fit-Mobile is owned and operated by Westchester County Parks.

WHAT'S IN THE FIT-MOBILE?

The van provides a variety of fitness-related items such as hula hoops, jump ropes, soccer balls, Frisbees, an agility ladder and sacks for old-fashioned competitive races.

WHO QUALIFIES FOR A VISIT FROM THE FIT-MOBILE?

The Fit-Mobile is available for any not-for-profit agency or facility, such as a park, recreation facility or day camp. Scheduling will be done on a first-come, first-served basis. We do not guarantee that all requests will be accommodated.

WHAT TYPE OF LOGISTICS IS REQUIRED FOR THE VISIT?

The van requires a specially designated flat space that can accommodate ample room for the activities mentioned above, depending on the number of expected participants. Suggested minimal space is an area 50 X 50 feet.

WHAT TYPE OF SUPERVISION IS REQUIRED DURING THE VISIT?

The van is staffed with two adult fitness supervisors who will direct activities and provide assistance where required, but your group must have a sufficient number of supervisory staff, adults and/or guardians present throughout the duration of the visit.

WHAT IF IT RAINS ON THE DAY OF OUR VISIT?

If your event is scheduled outdoors and it rains, the event will be cancelled and rescheduled according to availability.

HOW MUCH DOES IT COST?

\$60 per two hour visit.

Please complete the form on page 2.



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Organization _____

Address _____ Zip _____

Contact Name _____ Phone _____

Day/Date Requested _____ Time _____

Size of Group _____ Average Age of Group _____

E-mail address _____

If you have any questions or concerns, please contact Linda Anderson
Phone: (914) 231-4521 • Fax: (914) 864-7129 • Email: lmaa@westchestergov.com

\$60 per two hour visit. • Make checks payable to “Westchester County”
Please make a copy of this letter for your files, and fax, email or mail to:

Fit Mobile
Linda Anderson
Westchester County PRC
450 Saw Mill River Rd.
Ardsley, NY 10502

DIRECTIONS TO SITE: (BE ACCURATE)

To arrange for a visit by the **FIT-Mobile**
parks.westchestergov.com or call (914) 231-4521